At a glance

A solo wellness consultant wanted to elevate her credibility beyond her local market and grow her online visibility. She had no media coverage prior to working with KingPress.

Key metrics

- 3x Increase in Monthly Consultation Bookings
- 70% Traffic from Referral Sites
- New Clients from 4 Countries

Focused Areas

- Health & Wellness
- Online Services
- Personal Branding

KING PRESS

CHALLENGES

She had deep domain knowledge in holistic health but lacked thirdparty validation. Her website had low organic traffic and no press mentions. Potential clients outside her region had little reason to trust her.

SOLUTIONS

We crafted her founder story and pitched a health-focused angle to lifestyle editors. Our editorial strategy involved:



2 custom-written articles on MSN & Yahoo Health



A "Top Wellness Voices" nomination submission



Optimized media kit and headshots for pitching

BENEFITS

1

Credibility Boost

Established third-party validation across trusted platforms.

2

Audience Growth

Tripled newsletter signups and engagement on social.

3

Podcast Opportunity

Booked for 2 niche wellness podcasts in the following quarter.